

EP 213: DON'T WORRY, BE HAPPY

Juan Garcia

Open in Prayer

Ice Breaker (use this one or make up your own)

What did you think was cool when you were young, but isn't cool now?

Discussion Questions

1. If you say God is 1st in your life, how can you prove it?
2. What would you say causes worry or anxiety in your life & why?
3. What are some efforts you've taken to reduce worry/anxiety?
4. On a scale from 1 - 10 (1 being pretty bad and 10 being optimal) what would you say is your trust level towards God and why?
5. What are some areas in your life you know bring you anxiety? What can you do about it?

Legacy in Action

What could you, or your group, do between now and the next meeting to bless others? For some ideas, please visit www.LegacyMindedMen.org/groups

Close in Prayer

At this time, you could ask for prayer requests from the men.

****Note:** We recommend that each man watch the video Lesson prior to the meeting to ensure maximum impact. If not watch as a group.*