



*Establishing & Sustaining a  
Strong Legacy Group*

**Group Leader  
Training Manual**

*Updated August 2020*

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# Welcome

Legacy Minded Men exists for men who are willing to take steps to (but not limited to):

1. grow closer to the Lord
2. strengthen and build relationships with other men and their families, and
3. are ready to build a Christ-centered Legacy

This packet is designed to help you become a strong and confident Group Leader. While also sharing the LMM overall vision.

Leading can be a challenge. Some men have done it all their lives, while others are just stepping into the game. Well, today is the day for a crisping or creating of those leadership skills.

While reading keep in mind LMM helps men of all age groups from the big guy down to the little guy. We care about the men in this world and will do all we can to help. We hope you can be part of the solution. So, please enjoy this training packet and prepare to become a Legacy Minded Man.

# Who we are and what we believe

## Our Mission

Transforming lives by engaging, equipping, and encouraging men to build a Christ-centered legacy.

## Our Vision

The vision of Legacy Minded Men is to move men from being unengaged and apathetic in their faith to someone who is fully engaged and a man of action. Through our servant-based ministry we come alongside the local church, both small and large, to help build, or assist, with their men's ministry which, if done properly, will not only impact the church but the man himself. This, in turn, will affect his family, his workplace and ultimately the community he serves in a powerful way.

## What We Believe

- Legacy is defined as anything handed down from the past, as from an ancestor or predecessor. LMM asks the question, "What is your Christ-centered legacy?" and then helps men understand its importance
- We support the work of pastors and local churches by providing training resources and expertise that build men and therefore strengthen the church
- We create serving opportunities for men to use their time, talents, and treasures in significant ways
- We believe we honor God by doing everything with excellence and integrity. Bringing glory to God in all that we do
- Breaking down racial, cultural & denominational barriers by focusing only on the salvation message of Jesus Christ
- Equipping men to grow in their faith and the practical application of it in their lives
- Enhancing fellowship, communication, and relationship-building within the Christian community.

# Legacy Groups

## What is a Legacy Group?

There are two types of Legacy Groups. First there are In-Person groups, where men meet up face-to-face. Second there are Virtual Legacy Groups, where men get connected virtually.

Legacy Groups are a unique tool that allow men the freedom to be **REAL** with each other. This fosters authentic **RELATIONSHIPS** that encourage men to **RESPOND** to the call of God. Legacy Groups are not a bible study, although the word of God is foundational and part of the discussion. They are a place where men can be themselves and not worry about being judged. Truth, in love, is spoken and that is a formula for transformation! Each group is led by a facilitator who will guide the meeting and discussion.

## Benefits to a Legacy Group

- Unlike the average church men's ministry, Legacy Groups deal with issues that are all too real to men.
- Legacy Groups promote the building of strong relationships with an emphasis on accountability.
- By establishing a Legacy Group at your church, you plug into the LMM network which will enable your men to participate in national conferences and workshops.
- Men will engage with other men of different backgrounds and cultures, breaking down barriers that exist in the church and society.
- Frequent Legacy Group Leader conference calls will also be held to allow for the sharing of best practices.

## Who should facilitate?

Not everyone is born to facilitate a Legacy Group. The ideal candidate should be a man who is not shy and can keep the discussion going, this is extremely important to keep the men engaged. Also, he should not be a people pleaser who tells the men what they want to hear or allows an unproductive discussion to continue.

The entire meeting schedule will either be sent via email to the facilitator or he can simply go to the Legacy Minded Men website or app to see the new weekly teaching. Either way he just needs to take a few minutes to review the material prior to the meeting and pray for guidance.

## Pointers for facilitators

- Don't let any one man dominate the conversation, including yourself. Let the men know that if someone is dominating the conversation that you will interject to include more men in the discussion.
- A Legacy Group is not for pushing personal agendas.
- Group members cannot pass out literature of any kind. This can only be done by the facilitator.
- Encourage the men to identify a man to be accountable to. Here are some recommended questions each man can ask each other:

### *Sample Accountability Questions for Group Members to Ask Each Other*

1. How are you doing with God?
2. How are you doing with your mate or the person you're dating?
3. How are you doing with your children?
4. What temptations are you facing, and how are you dealing with them?
5. How has your thought life been this week?
6. Are you consistently living for Christ in your workplace?
7. Have you been spending regular time in the Word and in prayer?
8. With whom have you been sharing the gospel?
9. Have you lied in your answers to any of the questions above?
10. How may I pray for you and help you?

## Group Size

- In-Person Legacy Groups are ideally for 2 - 12 men.
- Virtual Legacy Groups are best run with 2 - 7 men.

While these may seem like small numbers, it is essential in order to ensure the men feel comfortable and secure. Also, it is important to make men aware that the private information exchanged in the meeting is in fact private and should not be shared with anyone outside the group.

If groups grow to more than recommended levels, we strongly suggest you identify a potential leader from the group and spin off a new group. This can be done by having a few men join the new leader in the new group.

*Caution: It is great to be comfortable in a group, but we need to remember why the group exists. So as difficult as it may be to leave to join a new group, that is where we will see new groups springing up with men who already understand their power.*

## **When should the group meet?**

While there is no day or time better than another it is important to be consistent in your meeting times. For example, every Monday at 7pm-9pm or every other Tuesday morning from 7am-8:30am. This will allow men to build it easily into their schedule. Also, if you are catering to men that can't get together during the week then you can schedule a Saturday meeting. Bottom line is to establish a time based on the group you want to start. Average meet time between 1-2 hours.

## **Where should the group meet?**

In-Person Legacy Groups can be held at a church, someone's home, a restaurant, or any place that would make group members feel comfortable. Men can simply get together with a few friends or it can be part of a church program. The important thing is that men meet!

Virtual Legacy Groups can be conducted anytime, anywhere. This type of group is ideal for men who are separated by a significant distance or for men who travel a lot for work. Perhaps a previously In-Person group has a couple guys that are moving to a new city, but they would still like to be included in the group. Therefore virtual groups exist for those cases too. Either way Virtual Legacy Groups are powerful and effective!

## **Special Note for Virtual Groups**

Legacy Minded Men believes Zoom is a good option for running Virtual Legacy Groups but will cost the group a price to operate for meetings over 40 minutes. See: <https://www.zoom.us/pricing> for Zoom pricing. Other free virtual meeting platforms exist as in:

- Whatsapp
- Google hangouts
- Teamviewer
- Skype
- EzTalks Meeting

Note\* The Group leader will have to set up an independent media account on their own for Virtual Groups. Once the media is set up, they can invite their guys and operate their meetings. Doodle is a great tool for scheduling meetings. Make sure to watch the Virtual Group link below as this will show the general outline on how to run a group. They are a lot of fun and engaging.

<https://www.youtube.com/watch?v=v9e-DVMAU64&feature=youtu.be>

## The meeting formats

Each meeting should start in the same manner:

1. Open in prayer
2. Have first timers introduce themselves (if applicable)
3. Go over the following “ground rules” prior to each meeting (*if you choose not to read every time because you have the same group meeting after meeting that is fine*):
  - a. It is important that you understand that you will be responsible to keep the discussion moving. Therefore, you will be limited to speak for no more than 5 minutes at one time. This will prevent someone from dominating the conversation and allow for more men to chime in. It is important to understand that there will be times when someone is going through a difficult time and may need more than the 5 minutes. The facilitator needs to be sensitive to this and adjust accordingly.
  - b. Please be respectful of other beliefs and their backgrounds. Remember we are looking to grow men, not tear them down. The material you will go over in the group will be bible centered so if someone is uncomfortable with that, they are free to leave. We will not water down the gospel!
  - c. What is said in the group stays in the group. This is essential to build and maintain trust between attendees. (we recommend and can provide a group covenant that all members can sign).
  - d. No personal agendas will be permitted, nor the passing out of member materials. Everything must be cleared through the facilitator who will decide if the material can be passed out, and if so, he will do it.
4. If a topic was discussed in the previous meeting where follow-up was requested address feedback at this time.
5. Play the weekly 10-15 minute Legacy Lesson video (if applicable)
6. Use the video discussion questions. If the group gets off on a tangent allow it if it is constructive. Just make sure you get them back on course. You can choose to not play the video but instead just illustrate what was said in the video and use the questions that came with the video. You can also just play the audio if no screen is available.



7. *[Optional]* Discuss any projects or activities the group may be interested in engaging together.
8. Take prayer requests and close in prayer

If you wish to take a different approach you may. For example, if you want to meet and have your group meet one week and then the following week have the group get together to help someone do their leaves or paint that would be great. You may also want to skip the video and go directly to the discussion questions. Perhaps you would like the men to go through a book like our "Transformed: 7 Pillars of a Legacy Minded Man" or a video series such as "Wild at Heart" or "Stepping Up", that is more than acceptable.

# Launching Your Legacy Group

## Building an In-Person Group

Whether you have a small group of guys who are looking to build real relationship or not quite yet, we assure you are taking the right steps. Identifying men who are looking to engage in a group is one of the first steps. As stated above the recommendations for size, place, and time are listed. Please review.

If you decide to move forward please complete the application located at [www.legacymindedmen.org/startagroup](http://www.legacymindedmen.org/startagroup). A copy of the group leader application is also added at the end of this packet. Once approved and you have settled on the time and place you will be meeting, make a list of who you would like to invite to be a part of your group. If you only have 3-4 who are interested, make that your core group. The group can be expanded as you see fit.

A great way to launch one or more groups at the same time is to host a 360 Conference at your church or your home. This is a powerful way to get started. For more information visit the 360 Discipleship page on the site.

In addition there are two other forms for you and your men to fill out. These are a Covenant agreement and a Personal Assessment form. Both these can be found on our Webpage at: [www.legacymindedmen.org](http://www.legacymindedmen.org) and are attached to the end of this packet. From this point your In-person group will be ready to launch!

## Building a Virtual Legacy Group

Virtual Legacy Groups are a little different to get started. Since these groups are primarily used for long distance meeting or for guys who travel for work, etc. They can take a little longer to get the guys schedules to line up. Be patient. Take your time. Because these guys want fellowship.

**Step 1:** Develop a list of men you would like to invite to join your group

**Step 2:** Then build a spread sheet for the guys that confirm their interest.

It is important to have enough guys to operate a group before initiating a group. The purpose is to avoid some guys waiting a week or two while you (Legacy Leader/Ambassador) recruit guys to get involved.

Reaching out involves a slight process but once underway it is easily navigated.

1. First build an excel spreadsheet for the Legacy Groups you will be overseeing.

2. Second recruit men from all over the country or world if you wish. This can be done in many ways
3. Third categorize recruits and groups within the excel sheet according to time zone. \*(Optional this just makes it easier for guys and scheduling but a guy in Africa can very well be on a call with a group of guys in Canada) \*
4. Other information to include in excel is Man's name (first and last), Location, Phone, Time zone \* Email, and confirmed (as in their confirmed interest in participating in group.)  
 If you have multiple men in one time zone split the group off once 7 participants is reached and simply start another group.

What Steps 1 and 2 look like in action:

	A	B	C	D	E	F
1	Name	Location	Phone	Time Zone	Email	Confirmed
2	John A	New York	XXXXXXX	Eastern	1@gmail.c	Yes
3	John B	New York	XXXXXXX	Eastern	1@gmail.c	Yes
4	John C	New York	XXXXXXX	Eastern	1@gmail.c	Yes
5	John D	Pennsylvania	XXXXXXX	Eastern	1@gmail.c	Yes
6	John E	North Carolina	XXXXXXX	Eastern	1@gmail.c	Yes
7	John F	Florida	XXXXXXX	Eastern	1@gmail.c	no
8	John G	Florida	XXXXXXX	Eastern	1@gmail.c	Yes
9						

### Step 3: Building an email for success:

Starting a new Gmail to operate specifically for your group(s) is helpful for keeping all your emails clean and concise. Below are a couple of examples on building your email for success (Especially if you plan on leading multiple groups.)

### Step 4: Set up email to confirm men's interest:

It is important to reach out to your guys. A sample email that has been shown to work looks like this:

I am currently building our/your Virtual Legacy Group. There are already a few guys interested. We would love to invite you to be apart of this group. All we need is you to:

- Confirm interest in Legacy Group

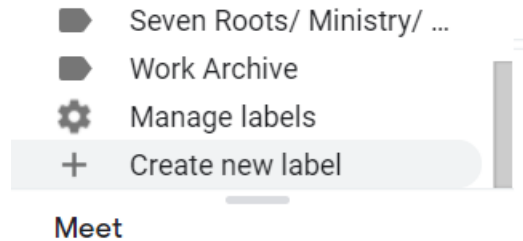
For now that is all the information we need. Once received you will be contacted again, and our/your first Legacy Group scheduled. God Bless

**Note\*** This is just a sample email to send out. Feel free to compose more personal or unique emails as you wish.

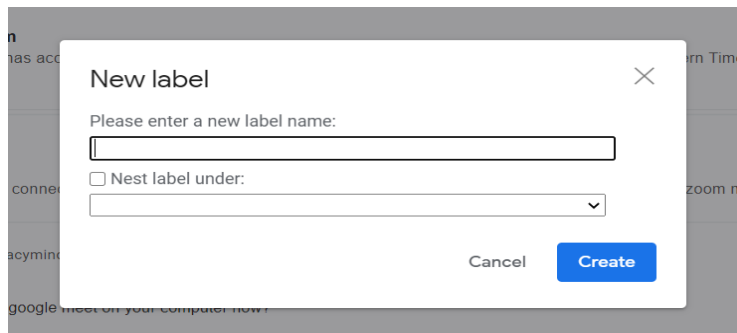
## Success for Multiple Virtual Groups

Since most of the start-up communicating is done via email, LMM has found it functionable to create a 'Label' for each individual group. This allows for ease of relocating all emails from men within groups to their rightful place. Setting up your email for success is Key. The process looks something like this:

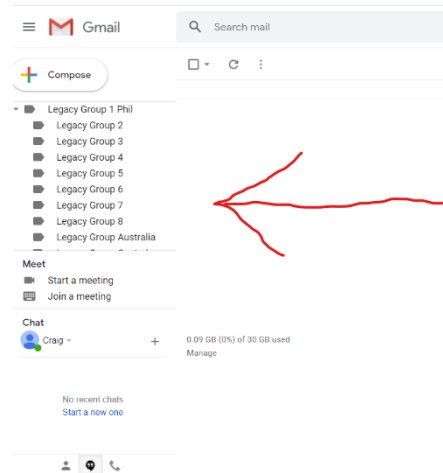
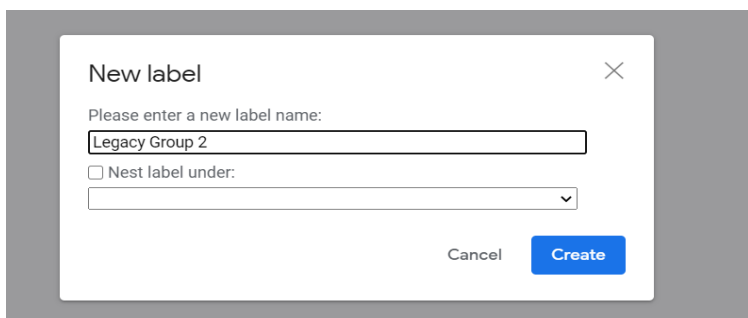
Create label:



Type in desired label for the Legacy Group



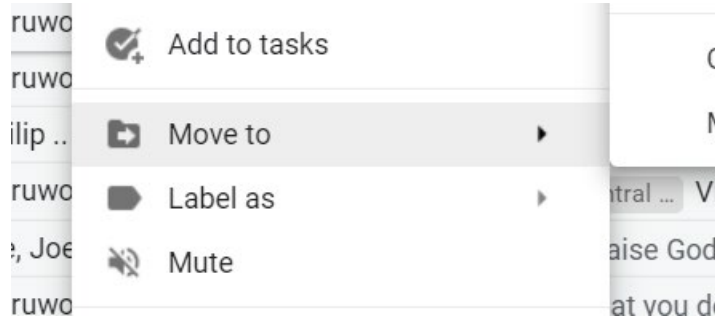
Build as many labels as needed:



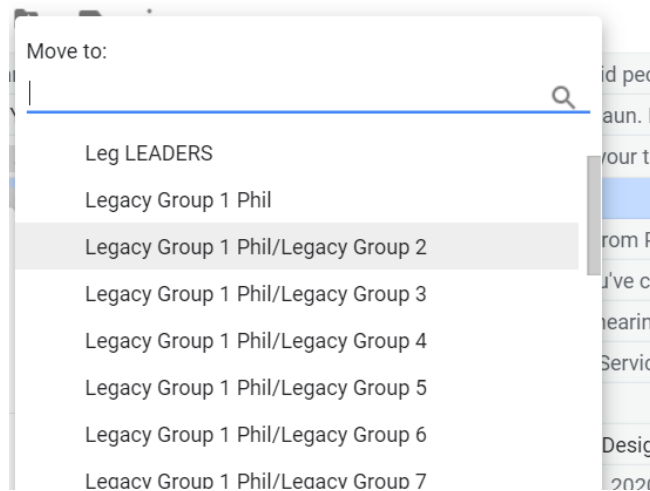
## Step 5: Funnel your emails

Now at this point if you are planning on operating 9 groups as the example above, take all emails from the men who make up Legacy Group 2 and assign them to the Legacy Group 2 'label'. It looks like this:

Right Click on the email that needs to be relocated to the right label:



Type in where the email needs to be move: Ex "Legacy Group 2"  
Or click the label



For example if your email inbox looks something like this:

Legacy Group 8 Man 2 - CRAIG LIVSEY Legacy Minded Men Assistant to the President craig@legacymindedmen.org (p) 518.56...

Legacy Group 8 Man 1 - CRAIG LIVSEY Legacy Minded Men Assistant to the President craig@legacymindedmen.org (p) 518.56...

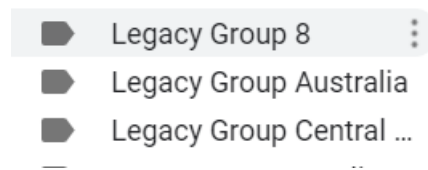
Australian man 2 - CRAIG LIVSEY Legacy Minded Men Assistant to the President craig@legacymindedmen.org (p) 518.565.6238

Australian man 1 - CRAIG LIVSEY Legacy Minded Men Assistant to the President craig@legacymindedmen.org (p) 518.565.6238

You will:

- 1) Move the Legacy Group 8 Man 1, and 2 to the Legacy Group 8 Label
  - a. Both men's emails will be located in the same place
- 2) Move Australian man 1, and 2 to the Legacy Group Australia Label
  - a. Again Both men's emails will be located in the same place

Constructing your groups this way makes it easy to run a group in Australia, Africa, and America all at the same time.



## Step 6: Follow the email through

Once all or most men in one particular group respond with interest you will progress to:

- ✓ Identify a Group Leader (If not yourself)
  - Provide Establishing Legacy Group Packet and doodle scheduling system run down (Offering doodle is optional\*).
  - Set up (If not already done) subscription. (This allows Group leader to obtain and share weekly Legacy Lessons/Minutes
  - Inform and provide run down on Facilitators Report
- ✓ Confirm Group Leader has understanding with our expectations for Facilitators

# Facilitators report and follow-ups.

## Facilitators Report

The Facilitators report should be gathered weekly. This will help you identify the progress of overall group and aid in maintaining group involvement. Backsliding and fall-away should be kept as low as possible. Showing your guys you care is just one way to ensure this expectation is met. A facilitators report can be sent via email to your local Legacy Ambassador or directly to the Legacy Minded Men Headquarters to [info@legacymindedmen.org](mailto:info@legacymindedmen.org). The report should include the following:

Name of your group:

Number of Guys:

Short summary of groups progress:

Any questions (Leadership Advice, guidance, etc.):

It is so much fun to watch a group take off. Feel free to contact your guys as often as you wish to check up on

## Follow-ups

It is important for Group Leaders to know that the Legacy Ambassador or LMM representative will, at their desired time, reach out to both group leaders and men in the leader's group to see how the Leadership and group is going.

# 360-Legacy Plan

## Overview

All the content within this packet correlates around one foundational piece to LMM. That is our 360-Legacy Plan. As you are understanding how to start and run a Legacy Group, keep in mind the Legacy group is a piece to the 360-Legacy Plan.

We have developed several great and powerful resources that can help any man become engage, equipped, and encouraged to build a Christ-centered legacy. Many of our resources are best utilized when used following one of our conferences. From the conference guys are encouraged to check out and use these resources on their own or in a Legacy Group. Guys are further encouraged to stay engaged to LMM or their Legacy Group until the next conference and a new line of resources is release. This is an overview our 360-Legacy Plan. For a more in-depth understanding see below outline:

## 360-Legacy Plan in 4 steps:

### 1) ENGAGE/ THE EVENT

Legacy Minded Men has produced several conferences and many workshops (events). These are available to be streamed at your church or within your small group. Our events feature world class speakers, challenging topics and are built specifically for men. This is step one in the 360-Legacy Plan.

### 2) EQUIP/ DISCIPLESHIP RESOURCES

After the event, the goal is to keep your men engaged. To honor that vision, we have created a robust library of solid men's discipleship content. We also produce weekly content called Legacy Lessons. We strongly recommend going through the Transformed Discipleship workshop, which provides a basic level discipling tool. This is step two in the 360-Legacy Plan.

### 3) ENCOURAGE/ LEGACY GROUPS

The objective now is to meet on a regular basis as a "Legacy Group." Use our ongoing resources for continued group discussion and engage men in service to help build community and leave a powerful legacy! This is step three in the 360-Legacy Plan.

### 4) MULTIPLICATION

After a period of six months or so, it's time to inquire of your men who feel led to spin off and facilitate their own group. In this way, we will multiply in a powerful way and impact lives all over the world!



This is a winning lineup and easy for any man to facilitate. We are here to help you implement the 360 LEGACY PLAN in your church or group. We encourage you to keep us posted on progress and provide us with feedback. Through the 360 LEGACY PLAN, we will continually lift you up in prayer - as your partner - as we help men to build a Christ-centered legacy.

Our Goal and vision are to be a resource center for men. One of our best and most effective resources is our 360-Legacy Plan. See Resources section for more amazing resources you can use to encourage your men.

# Resources

## Legacy Lessons

Each week LMM releases what we call a Legacy Lesson. This is, on average, a 10-15-minute video teaching complete with discussion questions, that can be play viewed during your group meeting.

## Legacy Minutes

A Legacy Minute is a short 2-5-minute clip from Joe Pellegrino, LMM founder and President. These thought-provoking messages get men thinking. The goal here is to keep the men engaged throughout the week. The facilitator will also be able to go to the Legacy Lessons page on the LMM website to view and print discussion questions.

## Discussion questions

These are questions, 3-7 in number, that correlate with the Legacy Lesson of the week. They are thought evoking and heart opening discussion starters that build on the foundation for creating real relationships.

## Transformed Discipleship

This is an 8-week discipleship training program. Transformed Discipleship is powerful, engaging, and preparatory for any man of God. Throughout the training LMM goes over the 7-pillars to building a Legacy Minded Man.

Transformed Discipleship begins by talking about building the strongest foundation possible. Don't live without a strategy. Focusing on these pillars will help you become a legacy minded man and will result in a life of lasting impact.

## Then we have Legacy Groups, books and More...

This is a short list of the resources available from our Legacy Minded Men webpage and app. Please any further questions contact one of our leaders.

**Address:** 2160 58<sup>th</sup> Avenue

PMB 209

Vero Beach, FL 32966

**Phone:** 877-595-5182

**Webpage:** [www.LegacyMindedMen.org](http://www.LegacyMindedMen.org)

**Email:** [info@LegacyMindedMen.org](mailto:info@LegacyMindedMen.org)