



## **ESTABLISHING & SUSTAINING A STRONG LEGACY GROUP**

Another great event, men were moved, excitement was generated. Now what? Too often this is where the ball stops rolling. But what if there was something on the backend that extended the life of the event? Something that takes what the men learned and allows them to live it out.

Maybe there was no event, but you just feel led to encourage and equip men to be all God created them to be. No matter the reason Legacy Groups take men to a whole other level.

### **Purpose**

These groups are designed to Transform lives by Engaging, Equipping and Encouraging men to build a Christ-centered Legacy.

### **What is a Legacy Group?**

There are two types of Legacy Groups. First there are In-Person groups, where men meet up face-to-face. Second there are Virtual Legacy Groups, where men get connected virtually.

Legacy Groups are a unique tool that allow men the freedom to be **REAL** with each other. This fosters authentic **RELATIONSHIPS** that encourage men to **RESPOND** to the call of God. Legacy Groups are not for bible study, although the word of God is foundational and part of the discussion. They are a place where men can be themselves and not worry about being judged. Truth, in love, is spoken and that is a formula for transformation! Each group is led by a facilitator who will guide the meeting and discussion.

### **Who should facilitate?**

Not everyone is born to facilitate a Legacy Group. The ideal candidate should be a man who is not shy and can keep the discussion going, this is

extremely important to keep the men engaged. Also, he should not be a people pleaser who tells the men what they want to hear or allows an unproductive discussion to continue.

The entire meeting schedule will either be sent via email to the facilitator or he can simply go to the Legacy Minded Men website or app to see the new weekly teaching. Either way he just needs to take a few minutes to review the material prior to the meeting and pray for guidance.

### **Pointers for facilitators**

- Don't let any one man dominate the conversation, including yourself. Let the men know that if someone is dominating the conversation that you will interject to include more men in the discussion.
- We suggest you have men complete a survey. We have attached a survey that will allow you to gauge where men are in their life and walk.
- Each attendee will be asked to sign a covenant
- Encourage the men to identify a man to be accountable to. Here are some recommended questions each man can ask each other:

#### *Sample Accountability Questions for Group Members to Ask Each Other*

1. How are you doing with God?
2. How are you doing with your mate or the person you're dating?
3. How are you doing with your children?
4. What temptations are you facing, and how are you dealing with them?
5. How has your thought life been this week?
6. Are you consistently living for Christ in your workplace?
7. Have you been spending regular time in the Word and in prayer?
8. With whom have you been sharing the gospel?
9. Have you lied in your answers to any of the questions above?
10. How may I pray for you and help you?

## **Group Size**

- In-Person Legacy Groups are ideally for 2 – 12 men.
- Virtual Legacy Groups are best run with 4-7 men.

While these may seem like a small numbers, it is essential in order to ensure the men feel comfortable and secure. Also, it is important to make men aware that the private information exchanged in the meeting is in fact private and should not be shared with anyone outside the group.

If groups grow to more than recommended levels we strongly suggest you identify a potential leader from the group and spin off a new group. This can be done by having a few men join the new leader in the new group.

*Caution: It is great to be comfortable in a group, but we need to remember why the group exists. So as difficult as it may be to leave to join a new group, that is where we will see new groups springing up with men who already understand their power.*

## **When should the group meet?**

While there is no day or time better than another it is important to be consistent in your meeting times. For example, every Monday at 7pm-9pm or every other Tuesday morning from 7am-8:30am. This will allow men to build it easily into their schedule. Also, if you are catering to men that can't get together during the week then you can schedule a Saturday meeting. Bottom line is to establish a time based on the group you want to start. Average meet time between 1-2 hours.

## **Where should the group meet?**

In-Person Legacy Groups can be held at a church, someone's home, a restaurant, or any place that would make group members feel comfortable. Men can simply get together with a few friends or it can be part of a church program. The important thing is that men meet!

Virtual Legacy Groups can be conducted anytime, anywhere. This type of group is ideal for men who are separated by a significant distance or for men who travel a lot for work. Perhaps a previously In-Person group has a couple guys that are moving to a new city but would still like to be included in the group. This is why virtual groups exist. Either way Virtual Legacy Groups are powerful and effective!

## Legacy Lessons

Each week the facilitator will receive two emails. The first is The Legacy Lesson. This is, on average, a 10-15 minute video teaching complete with discussion questions, that can be play viewed during your group meeting. A few days later you will receive an email containing the Legacy Minute, which is a 2-5 minute thought provoking message from our founder, Joe Pellegrino. The goal here is to keep the men engaged throughout the week. The facilitator will also be able to go to the Legacy Lessons page on the LMM website to view and print discussion questions.

## The meeting formats

Each meeting should start in the same manner:

1. Open in prayer
2. Have first timers introduce themselves (if applicable)
3. Go over the following “ground rules” prior to each meeting (*if you choose not to read every time because you have the same group meeting after meeting that is fine*):
  - a. It is important that you understand that you will be responsible to keep the discussion moving. Therefore, you will be limited to speak for no more than 5 minutes at one time. This will prevent someone from dominating the conversation and allow for more men to chime in. It is important to understand that there will be times when someone is going through a difficult time and may need more than the 5 minutes. The facilitator needs to be sensitive to this and adjust accordingly.
  - b. Please be respectful of others beliefs and their backgrounds. Remember we are looking to grow men, not tear them down. The material you will go over in the group will be bible centered so if someone is uncomfortable with that, they are free to leave. We will not water down the gospel!
  - c. What is said in the group stays in the group. This is essential to build and maintain trust between attendees. (we recommend

and can provide a group covenant that all members can sign).

4. If a topic was discussed in the previous meeting where follow-up was requested address feedback at this time.
5. Play the weekly 10-15 minute Legacy Lesson video (if applicable)
6. Use the video discussion questions. If the group gets off on a tangent allow it as long as it is constructive. Just make sure you get them back on course. You can choose to not play the video but instead just illustrate what was said in the video and use the questions that came with the video. You can also just play the audio if no screen is available.
7. *[Optional]* Discuss any projects or activities the group may be interested in engaging together.
8. Take prayer requests and close in prayer

If you wish to take a different approach you may. For example, if you want to meet and have your group meet one week and then the following week have the group get together to help someone do their leaves or paint that would be great. You may also want to skip the video and go directly to the discussion questions. Perhaps you would like the men to go through a book like our "Transformed: 7 Pillars of a Legacy Minded Man" or a video series such as "Wild at Heart" or "Stepping Up", that is more than acceptable.

### **Special Note for Virtual Groups**

Legacy Minded Men recommends using Google Meet to construct, invite, and run virtual meetings. Go to the link listed below for a quick training on Google meet. Take notes on the video screen sharing segment. This is crucial for sharing the weekly Legacy Lesson with your men virtually.

<https://youtu.be/CtBAe1UsPow>

Zoom is also a good option but will cost the group a price to operate.

### **Upload meeting notes**

So that we may track the progress of your group we ask that you use our app to provide use feedback on how the meeting went by answering a few simple questions including the number of men who attended. The update will take no more than one minute. We will give your group a name. for example: "Legacy Minded Men of Central Illinios". This is the name you will use to identify yourself.

## **Launching Your Legacy Group**

If you decide to move forward please complete the application located at [www.legacymindedmen.org/startagroup](http://www.legacymindedmen.org/startagroup). Once approved and you have settled on the time and place you will be meeting, make a list of who you would like to invite to be a part of your group. If you only have 3-4 who are interested, make that your core group. The group can be expanded as you see fit.

A great way to launch one or more groups at the same time is to host a 360 Conference at you church or your home. This is a powerful way to get started. For information visit the 360 Discipleship page on the site.

## **Benefits to a Legacy Group**

- Unlike the average church men's ministry, Legacy Groups deal with issues that are all too real to men.
- Legacy Groups promote the building of strong relationships with an emphasis on accountability.
- By establishing a Legacy Group at your church, you plug into the LMM network which will enable your men to participate in large regional conferences and workshops.
- Men will engage with other men of different backgrounds and cultures, breaking down barriers that exist in the church and society as a whole.
- Monthly Legacy Group Leader conference calls will also be held to allow for the sharing of best practices.

**Questions?** Call (877) 595-5182 or visit [www.LegacyMindedMen.org](http://www.LegacyMindedMen.org). We are here to help!